

San Diego Homeless Resource Sheet

Resources for Clients Living in Their Vehicle or Without Stable Housing

Crisis & Emergency Hotlines	
Resource	Phone / Contact
988 Suicide & Crisis Lifeline	Call or text 988
San Diego Access & Crisis Line	(888) 724-7240 — Available 24/7
SAMHSA National Helpline (Substance Use & Mental Health)	1-800-662-4357 (1-800-662-HELP) Free, confidential, 24/7
211 San Diego (Housing, Food & Services Navigator)	Dial 2-1-1 or visit 211sandiego.org

Safe Parking Programs		
Program	Phone	Notes
JFS Safe Parking Program	(858) 637-3373	Jewish Family Service — overnight safe parking with case management. 4 sites: Balboa Ave; H Barracks, Point Loma (RV-friendly); Mission Valley; Rose Canyon (city-owned camper trailers available for families)
Dreams for Change Safe Parking	(619) 497-0236, ext. 2	Safe, designated overnight parking sites with support services - safeparking@dreamsforchange.org

Safe parking programs provide designated, legal overnight parking for individuals and families living in their vehicles. Participants typically receive access to restrooms, case management, and referrals to housing services. Availability may vary — call ahead to confirm eligibility and current openings.

Housing & Coordinated Entry	
Resource	Phone / Contact
SDHC’s homelessness or housing stability programs	(619) 578-7768
211 San Diego — Housing Referrals - Coordinated Entry System (CES) can be accessed here	Dial 2-1-1
San Diego Housing Commission	(619) 231-9400 or (858) 637-3373

The Coordinated Entry System (CES) is the main pathway to emergency shelter, transitional housing, and permanent supportive housing in San Diego County. Call or visit a CES access point to begin an assessment.

Mental Health & Substance Use Resources	
Resource	Phone / Contact
SAMHSA National Helpline	1-800-662-4357
988 Suicide & Crisis Lifeline	Call or text 988
San Diego County Behavioral Health Services	(888) 724-7240
PATH (People Assisting The Homeless) Contact PATH San Diego: pathsandiego@epath.org	Or dial 211

Additional Local Resources	
Resource	Phone / Contact
Alpha Project San Diego	(619) 542-1877
Father Joe's Villages	(619) 446-2101
Dreams for Change	(619) 497-0236
Veteran’s Village	(619) 393-2000
San Diego Rescue Mission	(619) 819-1842 or 2-1-1
HHSA Homeless Outreach Team	(619) 515-6555 or (619) 980-4168
Salvation Army San Diego	(619) 231-6000 - official Centre City number is (619) 699-2200; its Family Services line is (619) 699-2216 — Emergency shelter, food, and utility assistance
McAlister Institute	(619) 442-0277 — Substance use recovery + transitional housing

Think Dignity — (619) 537-8736 - thinkdignity.org - 4420 Hotel Circle Ct., Suite 215, San Diego, CA 92108

San Diego–based nonprofit organization that advances dignity for people experiencing homelessness through legal services, advocacy, mobile hygiene programs, and community-driven support.

Think Dignity Program	Details	Notes
ID Bank	Secure storage + help obtaining birth certificates, Social Security cards, and CA IDs	Critical for housing applications
Transitional Storage Center (TSC)	400 lockers/bins at 252 16th St.	Mon–Fri 7–11am & 4:30–7:30pm; Sat 8am–Noon
Fresh Start Showers	Mobile shower trailer at 1420 Third Ave - thinkdignity.org/showers	Every 2nd & 4th Wednesday, 9am–Noon
Dignity Legal Services	Free legal consultations and pro-bono representation	Call (619) 630-8869 for clinic appointments
Homeless Youth Legal & Advocacy (HYLAP)	Free legal representation for youth ages 14–27	—
Street Boutique	Free menstrual/incontinence products and new undergarments	—

Street Outreach & Navigation		
Program	Phone	Notes
SDPD Homeless Outreach Team (HOT)	(619) 446-1010	7 days/week street outreach; connects to shelter — non-emergency line
City Net San Diego	Refer through 2-1-1	Street-based case management in central and south San Diego
PATH (People Assisting The Homeless)	(619) 810-8600	Countywide outreach, housing navigation, mental health
SD County Behavioral Health Mobile Crisis	(888) 724-7240	Mental health and substance use mobile response

North County & Regional Resources		
Program	Phone	Notes
Interfaith Community Services	(760) 489-6380	Escondido & Carlsbad — food, housing, substance use, seniors
Community Resource Center	(760) 753-1156	North County housing stability and domestic violence shelter

Legal Aid & Document Assistance		
Program	Phone	Notes
Think Dignity – Legal Clinics	(619) 630-8869	Free legal referral and advocacy for homeless individuals
San Diego Volunteer Lawyer Program	(619) 235-5656	Pro bono legal help across civil matters
Legal Aid Society of San Diego	(877) 534-2524	Civil legal aid for low-income individuals

Basic Needs & Support Services		
Program	Phone	Notes
Third Avenue Charitable Org (TACO)	(619) 235-9445	Partner showers at 1420 Third Ave; every 2nd & 4th Wednesday
Salvation Army San Diego	(619) 669-2200	Emergency shelter, food, utility assistance
McAlister Institute	(619) 442-0277	Substance use recovery + transitional housing

This resource sheet is for informational purposes only and does not constitute legal advice. Resources are subject to change — please verify current availability before referring clients.